

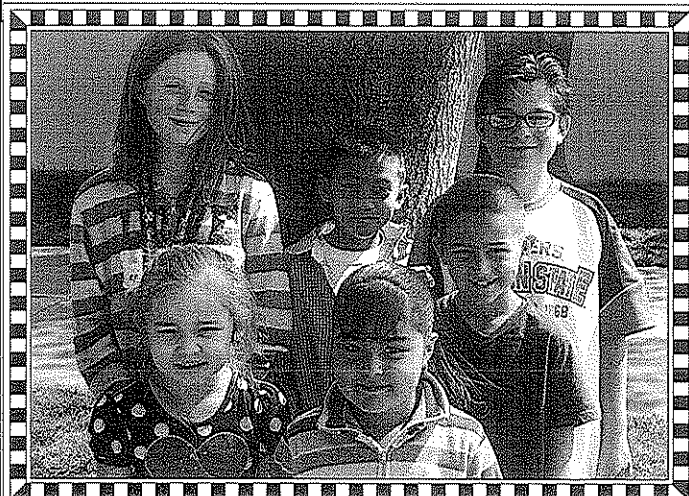
Wildcat News

Woodrow Elementary School

Volume 4, Issue 8

April 1, 2013

March Principal's Award Winners



Students Pictured (L-R)
Back Row: Alisia Ridley (5th Grade), Christian Tran (3rd Grade) & Joseph Sbragia (4th Grade)
Middle Row: Nevaeh Cates (Kindergarten) & Oscar Clark (2nd Gr.)
Front Row: Stephanie Montano (1st Grade)

Perception Is Reality to Your Child

We've all heard stories about children who were afraid there was a monster lurking under their bed—even though their parents assured them that the monster exists only in their imagination. As adults, we can tell the difference between what is real and what is imagined, but for children, the distinction is often blurred. If a child perceives something to be unpleasant, this perception can manifest itself as anxiety or other physical ailments. For instance, a child may have had what he or she feels is an unpleasant encounter on the school bus or on the playground and may be afraid to go to school the next day. He or she may use the "stomachache excuse" so as not to have to face the perceived threat.

How can parents know when their child's imagination is causing anxiety? The best way is by talking to them, listening, and acknowledging the child's fears. When you child tells you something is bothering him or her, you may be tempted to say, "It's just your imagination." That may be true, but to your child, the perceived threat is real.

How does a parent get rid of the proverbial monster under the bed? By acknowledging its existence, spraying it with "monster repellent," and declaring the monster gone. In other words, acknowledge your child's fears, whether real or perceived, and teach him or her ways to handle the unpleasant situation.

PTA NEWS

THANK YOU
to all of our
volunteers that
helped make our
carnival a HUGE
SUCCESS!

SEE'S CANDY
ORDERS ARE
HERE!

Orders may be
picked up on
Thursday, 3/27
and
Friday, 3/28
2:15-4:00 p.m.
Room 14

Mark Your Calendars!

The Talent Show
is Friday, May
17th!! We need
parent volunteers
for auditions

Vickie Briscoe
Principal

Christine McGuire
Office Manager

Tonya Sousa
Staff Secretary

Office Hours: 7:30-4:00
Phone: 574-5700
FAX: 574-5010

DATES TO REMEMBER

SPRING BREAK
March 29—April 5

STAR TESTING
April 15—26

School Site Council Mtg.: April 16

UPCOMING EVENTS FOR.....

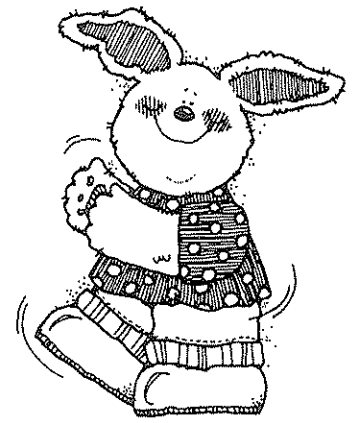
May

Talent Show: May 17

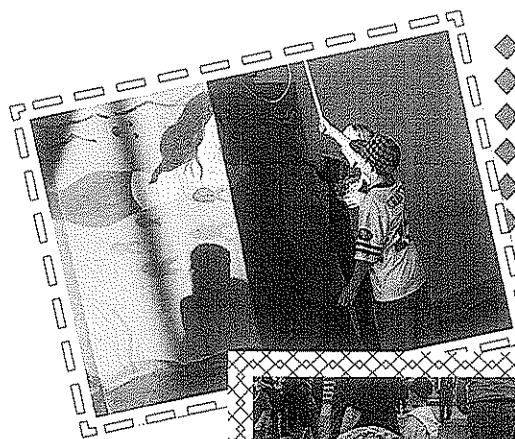
MINIMUM DAY: May 24
1:15 p.m. Dismissal

Last Day of School: May 25

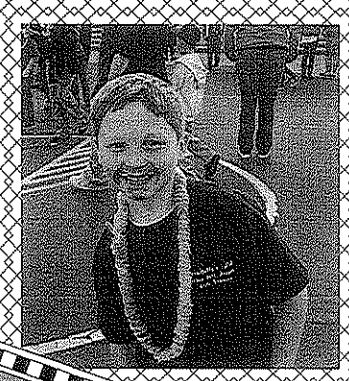
HAPPY EASTER!



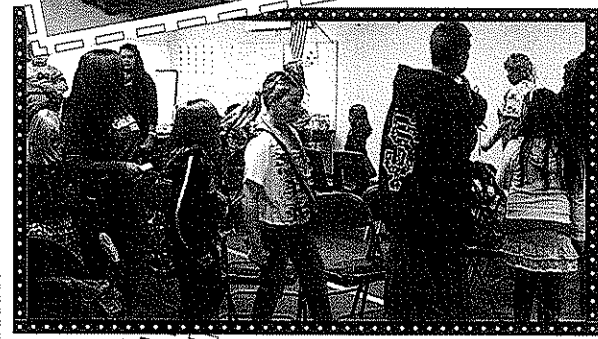
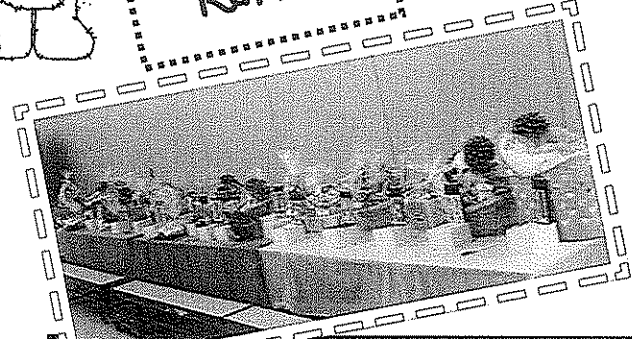
WOODROW SPRING CARNIVAL 3/22/13



Silent Auction (shhh...)



Raffle



PARTY

Cake Walk

Face Painting

